

TEENA
FAMILY



RESTAURANT
BREAKFAST • LUNCH • DINNER • BAR

breakfast



TEENA CLASSIC

Served with three (3) eggs, your choice of home fries or tomato slices and toast. Upgrade Rye .75 Add Onion .50

Meatless Morning 9.99

Light Eaters (1 or 2 eggs, home fries & toast) 7.99

The Perfect Day 11.99

Choice of 1 item: bacon, sausage or ham

Peameal Bacon 13.99

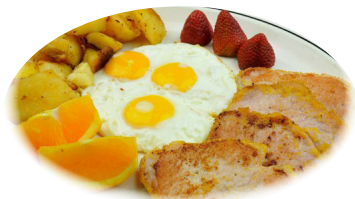
Turkey Bacon or Turkey Sausage (3) 13.99

Polish, Farmers or Maple Sausage 13.99

Newfies Dream (2pc) fried bologna 14.99

Liver & Eggs topped with fried onions & bacon 16.99

Steak and Eggs 18.99



TEENA SPECIAL BREAKFAST

All special breakfasts are served with eggs, home fries & toast

Add A fresh Fruit Cup for 2.25 - Substitute egg whites 1.99

Super Breakfast 2 Ham, 2 Bacon, 2 Sausage 16.99

Corned Beef Hash 15.99

Mixture of corned beef and red onions

Avocado Toast 16.99

Avocado spread, poached egg and hollandaise sauce

The Strong Man 19.99

3 large eggs with bacon, ham and sausage, served with oatmeal, toast and home fries

Chatham's Beast 22.99

4 large eggs with bacon, ham and sausage served with our famous home fries, toast and choice of 1 item : 2 pancakes, 2 pieces of french toast or 2 mini waffles

TEENA BREAKFAST BLISS

Breaky Poutine 16.99

A bowl of home fries, bacon, tomato, peppers, cheese, scrambled egg and Hollandaise sauce



Breakfast Quesadilla..... 16.99

Scrambled eggs, bacon and melted mix cheese served with a side of home fries, salsa and sour cream

Avocado Bagel..... 16.99

Toasted bagel, a layer of avocado, tomato, bacon, cheese and fried egg served with home fries

Teena House Wrap..... 15.99

Scrambled eggs, sausage, bacon, cheese with home fries and salsa

Add Extra Salsa or Sour Cream for only .75

LOX Bagel..... 17.99

cream cheese, smoked salmon, red onion, capers

A side of home fries and fruit cup



LIGHT EATERS

Add extra fruit - 2.25 Rye toast .75 extra



The Busy Momma Yogurt Bowl 10.99

Vanilla greek yogurt, honey granola, mixed nuts, and berries

The “Go Getter” Oatmeal 9.99

Oatmeal mixed with brown sugar topped with dried fruits and mixed nuts along side an english muffin

BENEDICTS

Served with (3) large poached eggs on english muffin topped with our “signature hollandaise” sauce and your choice of home fries or tomato slices and fruit cup



Traditional Benny.....14.99

Smoked ham and cheese

Canadian Benny15.99

Peameal bacon and cheddar cheese

Chicken and Waffle Benny.....16.99

A waffle topped with poached eggs and crispy chicken strips covered in hollandaise sauce

Montreal Benny.....15.99

Shaved corn beef and swiss cheese

Mexican Benny16.99

Avocado, tomato, cheese, bacon and house made pico de gallo

Smoked Salmon Benny.....18.99

Smoked salmon, red onions and capers

Florentine Benny15.99

Baby spinach, sliced tomato, mushrooms and mozzarella cheese

Crepe Benny16.99

3 crepes filled with bacon, spinach and cheddar cheese served with poached eggs and hollandaise sauce

Steak and Swiss Benny.....20.99

New York steak grilled to your liking, served with 3 poached eggs topped with mushrooms and hollandaise sauce



BREAKFAST SANDWICHES

Choice of whole wheat, white or upgrade .75 for Rye. Add a side of our famous home fries or a fruit cup for 3.99

Fried Egg and Cheddar 7.99

Monte Cristo..... 10.99

Breakfast ham and melted swiss cheese on french toast

Western (3 eggs)10.99

Ham, onion, cheese

P.L.T.....10.99

3 Peameal, lettuce, tomato, mayo

Vegetarian.....13.99

Egg, onion, mushroom, tomato & spinach

B.L.T.....9.99

4 Bacon, lettuce, tomato, mayo

B.E.L.T 11.99

Bacon, fried egg, lettuce, tomato, mayo



TEENA CREPES

Strawberry or Banana Nutella 15.99

Filled with nutella and freshly sliced strawberries or bananas

Add both fruit for only 2.25, whip cream 1.00 , ice cream 2.00

Ham and Swiss..... 16.99

Filled with ham, swiss cheese and topped with hollandaise sauce, 2 poached eggs and a side of home fries

Montreal Style Crepe.....18.99

Filled with bacon, sausage, cheese topped with hollandaise



KIDS BREAKFAST

12 years and under only (sorry, no exceptions)

Kids Combo 9.99

Pancake or french toast with 2 eggs and choice of 1 item: bacon, ham or sausage served with home fries

Kids Waffle, Pancakes or French Toast with Fresh Fruit 8.99

Kids Nutella Pancake or French Toast 8.99

FRENCH TOAST

Homemade Thickcut French Toast 10.99

Add fresh fruits for 3.99

Nutella Stuffed French Toast 16.99

Stuffed with nutella and topped with chocolate sauce, powdered sugar and fruit cup

Sweet and Salty French Toast 18.99

Triple decker french toast served with double layer nutella and bacon with a side of home fries



PANCAKES

3 Large Fluffy Buttermilk Pancakes 11.99

Add Chocolate Chips or Blueberries for 2.99

Add whip cream 1.00

Strawberry Banana Nutella Pancakes 16.99

add whip cream 1.00 add ice cream 2.00

WAFFLES

Belgian Waffle 11.99

Add fresh fruit for 3.99

Chocolate Waffle 16.99

Chocolate waffles, fresh strawberries, chocolate sauce, and vanilla ice cream

Add whip cream to any waffle 1.00



SKILLETS

All skillets are made with home fries, served with 2 eggs, toast & hollandaise sauce

Teena House Skillet 18.99

Bacon, ham and sausage topped with cheese

Chicken & Bacon Supreme Skillet 18.99

Grilled chicken, bacon, onion, pepper, mushroom, topped with cheese

Vegetarian Skillet 16.99

Spinach, mushrooms, onion, pepper, tomato with cheese

Philly Steak Skillet 17.99

Philly Beef, onion, mushroom, peppers with blended cheese

Greek Skillet 16.99

Gyro meat, onion, mushrooms, peppers, feta cheese and tzatziki



OMELETES

All omelets are made with large eggs served with our famous home fries and toast

Additional toppings \$1.99 Substitute for egg whites 2.99 Rye toast .75

Western Omelet 14.99

Chopped onion, ham and cheese

Philly Cheese Omelet 15.99

Choice of beef, chicken, or ham sautéed

mushrooms, peppers, onions and cheese

Meat Lover's Omelet 17.99

Bacon, ham, sausage, cheese topped with hollandaise sauce



Bacon, ham, or sausage and Cheese Omelette 14.99

Cheese Omelet 12.99

Blend of cheddar and mozzarella cheese

Canadian Omelet 14.99

Peameal bacon, tomatoes, onion and cheese

Vegetarian Omelet 14.99

Onion, pepper, mushrooms, tomato, spinach and cheese

Greek Omelet 14.99

Spinach, tomato, onions, olives and feta

SIDES

Sliced Tomatoes	2.99
Extra Egg.....	1.99
Side Hollandaise	3.99
Turkey Bacon or Sausage.....	4.99
Farmer or Maple Sausage	4.99
Bacon, Ham or Sausage	4.99
Polish Sausage	5.99

Peameal Bacon.....	5.99
Nutella	2.49
Toast and Jam	3.99
Bagel and Cream Cheese.....	4.99
Pancake or French Toast (1).....	3.99
HomesFries	6.99
Fruit Bowl-SM. 3.99.....	LG. 7.99

BEVERAGES

Coffee or Tea.....	2.49
Bottled Pop.....	3.99
Juice.....	3.99

Orange, apple, grapefruit, tomato, cranberry, pineapple, mango

Milk.....	3.99
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White or chocolate

Iced Tea.....	3.99
Lemonade	3.49
Fountain Pop.....	2.99

Pepsi, Diet Pepsi, Rootbeer, Gingerale, 7UP



Ask your Server for Daily Specials

*Take-out containers will be limited to size and need. Additional containers requested will be an up charge of .75